

## **How to race BMX**

**Read Acts 16:25-34...** *(30) And leading them outside, he said, Sirs, what must I do to be saved? (MKJV)*

I still remember my first race, it was so exciting! I had waited for years to be able to race BMX and now the time had come for me to be able to do so. I still remember that day all to well. We made the trek from Mobile AL to Oak Mountain BMX in Pelham AL, to race. It was my best friend Charles Bolin, my two daughters Jordan and Emily and me. We loaded up the bike and my gear that morning, loaded snacks and drinks for the girls, Charles and I, filled the car with gas and headed out on our way for a great new adventure called BMX racing.

Before my first race I had a few questions on what to do so I could start racing and one in particular, "what do I have to do to start racing BMX?" Nancy Nobles, the track director at that time, answered all my questions and was so very helpful. She told me I had to have a bike and helmet, and then I had to pay my race fees and that was pretty much it to start out with. BMX is very simple to start racing.

Get a bike, helmet and pay the race fee; that was it in a nut shell. So simple yet so profound! How many times when asked do we start telling people about BMX talking them into it, giving them way too much information, confusing them and talking them right back out of it? Racing BMX is not rocket science, its simple, or I wouldn't be racing.

How do we answer people when ask, just as Paul and Silas were, "how do I become a Christian?" Do we give them a long answer and tell them everything except what they ask or do we get right to the point? Jesus said you must do two things to become a Christian; you must repent and believe the Gospel (Mark 1:15). It's that simple just like getting a bike and helmet, and the best part is I didn't have to pay any fees like in BMX (Eph 2:8-9).

Repent means to think differently (metanoeo G3340). In other words we quit doing the things we shouldn't be doing. We need to believe the good news. The good news is that Jesus died and rose from the dead for your sins (John 3:16). Just as it is easy to start racing BMX, it is simple to become a Christian by repenting and believing.

### **Points to ponder**

1. Going to church does not make you a Christian. Just like going to the track does not make you a pro rider (Matt 7:21-23)
2. You can believe in God and still not go to heaven. The demons believe yet are not in heaven (James 2:19), we need to submit to God.
3. We have to repent because we are all sinners (Rom 3:23)

### **Additional reading**

Matt 3:2, 4:14-22; Luke 13:33; Acts 3:19; Romans 5:8, 6:23, 10:9-10&13; 1 Jn 1:9;